

## **ESSENTIALS**

Lots of water  
Tent  
Floor mats / foam mattress  
Tarps  
Sleeping Gear  
Swag, doona or sleeping bag  
**Pillow**  
Table and chairs  
Cooking and dishware  
Cooler  
Camping stove  
Glasses / mugs / cups  
Utensils, scissors  
**Bottle and can openers**  
Paper towels  
Aluminium foil  
Zip lock bags  
Containers  
Sponge, pot scrubber  
Soap/dishwashing liquid  
**Food**  
First aid kit  
Backpacks/hiking bag  
Cold and flu medicines

Match/lighter  
Garbage bags  
Allergy medicines  
Painkillers  
Torch  
Portable LED lights  
**Personal water bottles**  
Safety pins  
Pocket knife

## **TRAVEL GEAR**

Watch  
Mobile and charger  
Maps/guide books  
Emergency numbers  
Compass/GPS device  
Binoculars  
**Spare batteries**  
Rope  
Spare car battery or charger  
Car tools kit  
Spare tyre / car jack  
Engine oil  
Engine coolant  
**Electrical tape**  
Emergency+ app

## **TOILETRIES**

Travel toiletry bag/kit  
Towels  
Hairbrush  
Tissues  
Toilet paper  
Sunscreen  
**Deodorant**  
Insect repellent/sage  
Wet wipes  
Compact mirror

## **CLOTHING**

Long and short pants  
Long/short sleeve shirts  
Underwear  
Wet weather gear  
Jacket  
Thermals  
**Socks**  
Comfortable shoes  
Hats/Caps  
Swimmers